

# Danson's Under 5's Jan-March 2026 Programme

## Danson Children & Youth Centre

Danson Youth Trust  
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**Venues:**

The Danson Centre, Brampton Road, Bexleyheath, DA7 4EZ  
Falconwood Community Centre, Falconwood Parade, Welling, DA16 2PG

### MONDAY

09.45 - 10.30	TOT TRAMPOLINE - £5.50pw	3-5yrs
09.45 - 10.30	SMART CLUB (stretch move & relax)- £6.50pw	10mths-3yrs
10.30 - 11.15	TUMBLE N BOUNCE CLUB - £5.50pw	2-4yrs
11.00 - 12.00	BABY MASSAGE - £5.50pw	Pre-crawling
11.30 - 12.30	HOME-ED GYMNASTICS CLUB - £6.50pw (Youth Offer)	4-12yrs
12.15 - 13.15	BABY YOGA - £5.50pw	Pre-crawling
13.30 - 14.15	PLAY, SING & SIGN- £5.50pw	5mths-3yrs
13.30 - 14.15	BABY BALLET- £5pw @Falconwood (D)	18mths-5yrs

### TUESDAY

09.30 - 11.00	STAY & PLAY - £4.00pw @ Falconwood (D)	Under 5's
09.30 - 12.30	TEA & TALK - BEXLEY VOICE - FREE (D)	SEND Families
	13th, 27th Jan, 10th Feb, 10th, 26th March	See poster
09.35 - 10.20	FOOTBALL FUN FACTORY - £38 per month	18mths-3yrs
10.20 - 11-05	FOOTBALL FUN FACTORY - £38 per month	18mths-3yrs

### WEDNESDAY

09.15 - 10.45	BABY IMPRESSIONS & SENSORY (D) - £4.00pw	Pre-crawling
09.30 - 11.00	STORY SACK with STAY & PLAY (D) - £4.00pw	Under 5's
09.30 - 10.15	ZUMBINI DANCE - £4.50pw (Drop-in £6)	18mths-5yrs
10.30 - 11.15	BABY BALLET - £4.50pw (Drop-in £6)	18mths-5yrs
11.30 - 12.30	BABY TOUCH OF SENSORY - £5.50pw	Under 12mths
13.15 - 14.00	MINI SCOOTER SESSION - £3.50pw (D) back 25 Feb	2-4 yrs
13.00 - 14.00	TODDLER TOUCH OF SENSORY - £5.50pw	Over 12mths

### THURSDAY

09.30 - 11.30	
09.30 - 11.30	
09.45 - 10.30	
10.00 - 12.00	
11.00 - 12.00	
12.15 - 13.15	
13.30 - 14.15	
13.30 - 14.15	
14.15 - 15.00	

MOTHER'S EMBRACE - FREE (Invite Only)	New Parents / Carers
STAY & PLAY - £4.00pw (D) (tidy-up time starts 11:15)	Under 5's
SMART CLUB (stretch move & relax) - £6.50pw	10mths-3yrs
SURVIVORSHIP GROUP - DA Peer Support (D)	Woman only
BABY YOGA - £5.50pw	Pre-crawling
BABY & YOU (massage, yoga, sing & sign)£5.50pw	Pre-crawling
TODDLER FOOTBALL with Charlton - £4.00pw	2-3 yrs
PLAY, SING & SIGN- £5.50	5mths-3yrs
TODDLER FOOTBALL with Charlton - £4.00pw	3-5 yrs

### FRIDAY

09.15 - 11.15	WELLBABY CommuniTEA - £3.50 (D)	Tea/Coffee on sale
	Self baby-weigh station/sensory play/support & advice/garden play (weather dependant)	
09.30 - 10.15	ZUMBINI DANCE- £6pw @Falconwood (D)	18mths-5yrs
09.45 - 10.30	PLAY, SING & SIGN - £5.50pw	5mths-3yrs
09.45 - 10.30	TUMBLE N BOUNCE CLUB - £5.50pw	2-4yrs
10.00 - 11.00	BEXLEY PARENT HUB - part of CommuniTEA (D)	Under 5's
10.30 - 11.15	TUMBLE N BOUNCE CLUB - £5.50pw	2-4yrs
10.45 - 11.45	BABY MASSAGE - £5.50pw	Pre-crawling
11.45 - 13.45	BEXLEY INFANT FEEDING CLUB - £3pw (D)	Tea/Coffee incl
11.30 - 12.15	TOTNASTICS - £6.00pw	3-5yrs
12.30 - 13.15	TOTNASTICS - £6.00pw	3-5yrs
12.30 - 14.00	STAY & PLAY (D) - £3.00pw	Under 5's

### SATURDAY

09.00 - 12.00	RECEPTION - TEEN GYMNASTICS £7.00pw	Various
09.00 - 16.00	PAEDIATRIC FIRST AID COURSE - Certificated	ALL Families
	24th Jan / 25th April / 11th July 2026	
10.00 - 12.00	INTRODUCING SOLIDS - Weaning Workshop	ALL Families
	17th January / 28th February / 21st March - £20 per family	
10.00 - 12.00	NEARLY NEW SALE - £1.00(D)	Dates TBC

**CHILDRENS BIRTHDAY PARTY / HALL hire available. From £200.00**

**REGISTER HERE** All visitors must register for free with the centre and classes booked via portal.



Payments via the portal. Drop-ins payable on arrival. Card payments min £10.00

All sessions run as pre-booked blocks unless specified a Drop-in (D)

**By booking or visiting you are agreeing to follow our terms and conditions.**

Programme is subject to change.

The use of mobile phones is discouraged & photos of visitors are not permitted.