Danson's
Under 5's
Sept-Dec 2025
Programme

Danson Children & Youth Centre

Danson Youth Trust Brampton Rd, Bexleyheath, DA7 4EZ T. 020 8303 6052

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BOOK via portal or call

Venues:

The Danson Centre, Brampton Road, Bexleyheath, DA7 4EZ Falconwood Community Centre, Falconwood Parade, Welling, DA16 2PG

MONDAY

09.45 - 10.30	TOT TRAMPOLINE - £5.50pw	3-5yrs
09.45 - 10.30	SMART CLUB (stretch move & relax)- £6.50pw	10mths-3yrs
10.30 - 11.15	TUMBLE N BOUNCE CLUB - £5.50pw	2-4yrs
11.00 - 12.00	BABY MASSAGE - £5.50pw	Pre-crawling
11.30 - 12.30	HOME-ED GYMNASTICS CLUB - £6.50pw (Youth O	offer) 4-12yrs
12.15 - 13.15	BABY YOGA - £5.50pw	Pre-crawling
13.30 - 1 4 .15	PLAY, SING & SIGN-£5.50	5mths-3yrs
13.30 - 14.15	BABY BALLET- £5pw @Falconwood (D)	18mths-5yrs

TUESDAY

09.30 - 11.00	STAY & PLAY - £4.00pw @ Falconwood (D)	Under 5's
09.30 - 12.30	TEA & TALK - BEXLEY VOICE - FREE (D)	SEND Families
	9th, 23rd Sept, 14th Oct, 11th, 18th, 25th Nov, 9th, 16th Dec	See poster
09.35 - 10.20	FOOTBALL FUN FACTORY - £38 per month	18mths-3yrs
10.20 - 11-05	FOOTBALL FUN FACTORY - £38 per month	18mths-3yrs

WEDNESDAY

09.15 - 10.45	BABY IMPRESSIONS & SENSORY (D) - £4.00pw	Pre-crawling
09.30 - 11.00	STORY SACK with STAY & PLAY (D) - £4.00pw	Under 5's
09.30 - 10.15	ZUMBINI DANCE - £4.50pw (Drop-in £6)	18mths-5yrs
10.30 - 11.15	BABY BALLET - £4.50pw (Drop-in £6)	18mths-5yrs
11.30 - 12.30	BABY TOUCH OF SENSORY - £5.50pw	Under 12mths
12.15 - 13.00	MINI SCOOTER SESSION - £3.50pw (D)	2-4 yrs
13.00 - 14.00	TODDLER TOUCH OF SENSORY - £5.50pw	Over 12mths

THURSDAY

09.30 - 11.30	MOTHER's EMBRACE - FREE (Invite Only) New Parents / Carers
09.30 - 11.30	STAY & PLAY - £4.00pw (D) (tidy-up time starts 11:15) Under 5's
09.45 - 10.30	SMART CLUB (stretch move & relax) - £6.50pw 10mths-3yrs
10.00 - 12.00	SURVIVORSHIP GROUP - DA Peer Support (D) Woman only
11.00 - 12.00	BABY YOGA - £5.50pw Pre-crawling
12.15 - 13.15	BABY & YOU (massage, yoga, sing & sign)£5.50pw Pre-crawling
13.30 - 14.15	TODDLER FOOTBALL with Charlton - £4.00pw 2-3 yrs
13.30 - 14.15	PLAY, SING & SIGN- £5.50 5mths-3yrs
14.15 - 15.00	TODDLER FOOTBALL with Charlton - £4.00pw 3-5 yrs

FRIDAY

	09.15 - 11.15	WELLBABY Communi I EA - £3.50 (D) Tea/G	Coffee on sale
	Self baby-weigh s	tation/sensory play/support & advice/garden play (weat	her dependant,
	09.30 - 10.15	ZUMBINI DANCE- £6pw @Falconwood (D)	18mths-5yrs
5	09.45 - 10.30	PLAY, SING & SIGN - £5.50pw	5mths-3yrs
5	09.45 - 10.30	TUMBLE N BOUNCE CLUB - £5.50pw	2-4yrs
5	10.00 - 11.00	BEXLEY PARENT HUB - part of CommuniTEA (D)	Under 5's
	10.30 - 11.15	TUMBLE N BOUNCE CLUB - £5.50pw	2-4yrs
5	10.45 - 11.45	BABY MASSAGE - £5.50pw	Pre-crawling
7	11.45 - 13.45	BEXLEY INFANT FEEDING CLUB - £3pw (D) Te	a/Coffee incl
•	11.30 - 12.15	TOTNASTICS - £6.00pw	3-5yrs
	12.30 - 13.15	TOTNASTICS - £6.00pw	3-5yrs
	12.30 - 14.00	STORY SACK with STAY & PLAY (D) - £4.00pw	Under 5's

SATURDAY

SATURDAY		
09.00 - 12.00	RECEPTION - TEEN GYMNASTICS £7.00pw	Various
09.00 - 16.00	PAEDIATRIC FIRST AID COURSE - Certificated	ALL Families
	24th Jan / 25th April / 1 I th July 2026	
10.00 - 12.00	INTRODUCING SOLIDS - Weaning Workshop	ALL Families
	13th Sept / 18th Oct / 15th Nov / 13th Dec - £20 per family	
10.00 - 12.00	NEARLY NEW SALE - £1.00(D)	Dates TBC

CHILDRENS BIRTHDAY PARTY / HALL hire available. From £200.00

REGISTER HERE



All visitors must register for free with the centre and classes booked via portal. Payments via the portal. Drop- ins payable on arrival. Card payments min £10.00

All sessions run as pre-booked blocks unless specified a Drop-in (D)

By booking or visiting you are agreeing to follow our terms and conditions.

Programme is subject to change.

The use of mobile phones is discouraged & photos of visitors are not permitted.