

# Danson's Under 5's Feb-April 2025 Programme

## Danson Children & Youth Centre

Danson Youth Trust  
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**BOOKING NOW!**

**BOOK via portal or call : 020 8303 6052**

**Venues:**

The Danson Centre, Brampton Road, Bexleyheath, DA7 4EZ  
Falconwood Community Centre, Falconwood Parade, Welling, DA16 2PG

### MONDAY

09.45 - 10.30	TUMBLE N BOUNCE CLUB - £5.50pw	2-4yrs
09.45 - 10.30	SMART CLUB (stretch move & relax)- £6.50pw	10mths-3yrs
10.30 - 11.15	TUMBLE N BOUNCE CLUB - £5.50pw	2-4yrs
11.00 - 12.00	BABY MASSAGE - £5.50pw	Pre-crawling
11.30 - 12.30	HOME-ED GYMNASTICS CLUB - £6pw (Youth Offer)	4-12yrs
12.15 - 13.15	BABY YOGA - £5.50pw	Pre-crawling
13.30 - 14.30	BABY & YOU (massage, yoga, sing & sign) £5.50pw	Pre-crawling
13.30 - 14.15	BABY BALLET- £5pw @Falconwood (D)	18mths-5yrs

### TUESDAY

09.30 - 11.00	STAY & PLAY - £3.50pw @ Falconwood (D)	Under 5's
09.30 - 12.30	TEA & TALK - BEXLEY VOICE - FREE (D)	SEND Families
	11th March / 13th May / 10th June	See poster for more info
09.35 - 10.20	FOOTBALL FUN FACTORY - £37 per month	18mths-4yrs
09.45 - 10.30	SMART CLUB (stretch move & relax)- £6.50pw	10mths-3yrs
11.00 - 12.00	BABY MASSAGE - £5.50pw	Pre-crawling
12:15 - 13.15	BABY YOGA - £5.50pw	Pre-crawling
13.45 - 14.30	PLAY, SING & SIGN - £5.50pw	5mths-3yrs

### WEDNESDAY

09.15 - 10.45	BABY IMPRESSIONS & SENSORY - £3.50pw (D)	Pre-crawling
09.30 - 11.00	ADVENTURE PLAY WITH CRAFTS (D) - £4.00pw	Under 5's
09.30 - 10.15	ZUMBINI DANCE - £4.50pw (Drop-in £6)	18mths-5yrs
10.00 - 12.00	MUMMAS TOGETHER GROUP (D)	Black / Brown mothers
10.30 - 11.15	BABY BALLET - £4.50pw (Drop-in £6)	18mths-5yrs
11.30 - 12.30	BABY TOUCH OF SENSORY - £5.50pw	Under 12mths
13.00 - 14.00	TODDLER TOUCH OF SENSORY - £5.50pw	Over 12mths

### THURSDAY

09.30 - 11.30	
09.30 - 11.30	
10.00 - 11.00	
09.45 - 10.30	
10.00 - 12.00	
10.45 - 11.45	
12.00 - 13.00	
13.15 - 14.00	
13.30 - 14.15	
14.00 - 14.45	

MOTHER'S EMBRACE - FREE (Invite Only)	New Parents / Carers
STAY & PLAY - £3.50pw (D) (tidy-up time starts 11:15)	Under 5's
BEXLEY MUMS - New Mum Meet-up (D) £2.00	Pre-crawling
SMART CLUB (stretch move & relax) - £6.50pw	10mths-3yrs
SURVIVORSHIP GROUP - DV Peer Support (D)	Woman only
BABY YOGA - £5.50pw	Pre-crawling
BABY & YOU (massage, yoga, sing & sign) £5.50pw	Pre-crawling
TODDLER FOOTBALL with Charlton - £4.00pw	2-3 yrs
PLAY, SING & SIGN- £5.50	5mths-3yrs
TODDLER FOOTBALL with Charlton - £4.00pw	3-5 yrs

### FRIDAY

09.15 - 11.15	
(last entry 10:45)	
10.00 - 11.00	
09.30 - 10.15	
09.45 - 10.30	
10.00 - 10.45	
10.45 - 11.45	
11.00 - 11.45	
11.45 - 13.45	
12.30 - 13.15	
12.30 - 14.00	

WELLBABY CommuniTEA - £2.00 (D)	Tea/Coffee Incl
Self baby-weigh station / sensory play / support & advice	
BEXLEY PARENT HUB - part of CommuniTEA (D)	Under 5's
ZUMBINI DANCE- £6pw @Falconwood (D)	18mths-5yrs
PLAY, SING & SIGN - £5.50pw	5mths-3yrs
TUMBLE N BOUNCE CLUB - £5.50pw	2-4yrs
BABY MASSAGE - £5.50pw	Pre-crawling
TUMBLE N BOUNCE CLUB - £5.50pw	2-4yrs
BEXLEY INFANT FEEDING CLUB - £2pw (D)	Tea/Coffee incl
TOTNASTICS - £6.00pw	3-5yrs
ADVENTURE PLAY - £3.50pw (D)	Under 5's

### SATURDAY

09.00 - 12.00	
09.00 - 16.00	
10.00 - 12.00	
10.00 - 12.00	

RECEPTION - TEEN GYMNASTICS £6.50pw	Various
PAEDIATRIC FIRST AID COURSE - Certificated	ALL Families
29th Mar - £43 per person	
INTRODUCING SOLIDS - Weaning Workshop	ALL Families
8th Mar / 5th Apr - £20 per family	
NEARLY NEW SALE - £1.00(D)	Sat 22nd Feb / Sun 6th April

**FREE TRIAL sessions on most classes available. Ask reception.**

**CHILDRENS BIRTHDAY PARTY / HALL hire available. From £200.00**

REGISTER HERE



All visitors must register for free with the centre and classes booked via portal.  
Payments via the portal. Drop- ins payable on arrival. Card payments min £10.00  
All sessions run as pre-booked blocks unless specified a Drop-in (D)  
By booking or visiting you are agreeing to follow our terms and conditions.  
Programme is subject to change.

The use of mobile phones is discouraged & photos of visitors are not permitted.