Danson's **Under 5's** Sept - Dec 24 **Programme**

Danson Children & Youth Centre

Danson Youth Trust Brampton Rd, Bexleyheath, DA7 4EZ



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BOOK via portal or call: 020 8303 6052

The Danson Centre, Brampton Road, Bexleyheath, DA7 4EZ Falconwood Community Centre, Falconwood Parade, Welling, DA16 2PG

| MONDAY | Falconwood Community Centre, Falconwood Parade, Welling, DA16 2PG | |
|---------------|---|--------------|
| 09.30 - 10.15 | TUMBLE N BOUNCE CLUB - £5.50pw | 2-4yrs |
| 09.45 - 10.30 | SMART CLUB (stretch move & relax)- £6.50pw | 10mths-3yrs |
| 10.30 - 11.15 | TUMBLE N BOUNCE CLUB - £5.50pw | 2-4yrs |
| 11.00 - 12.00 | BABY MASSAGE - £5.50pw | Pre-crawling |
| 11.30 - 12.15 | HOME-ED GYMNASTICS CLUB - £6pw (Youth Offer) | 4-12yrs |
| 12.15 - 13.15 | BABY YOGA - £5.50pw | Pre-crawling |
| 13.30 - 14.30 | BABY & YOU (massage, yoga, sing & sign) £5.50pw | Pre-crawling |
| 13.30 - 14.15 | BABY BALLET- £5pw @Falconwood (D) | 18mths-5yrs |

THECDAY

| TUESDAY | | |
|---------------|---|-----------------------|
| 09.30 - 11.00 | STAY & PLAY - £3.50pw @ Falconwood (D) | Under 5's |
| 09.30 - 12.30 | TEA & TALK - BEXLEY VOICE - FREE (D) | SEND Families |
| | 10th Sept / 8th Oct / 12th Nov / 10th Dec Se | e flyer for more info |
| 09.35 - 10.20 | FOOTBALL FUN FACTORY - £37 per month | 18mths-4yrs |
| 09.45 - 10.30 | SMART CLUB (stretch move & relax)- £6.50pw | / 10mths-3yrs |
| 11.00 - 12.00 | BABY MASSAGE - £5.50pw | Pre-crawling |
| 12:15 - 13.15 | BABY YOGA - £5.50pw | Pre-crawling |
| 13.00 - 14.00 | Little Acorns NATURE PLAY GROUP - £5.00p | w (D) Under 5's |
| | 17th / 24th Sept - 8th / 15th / 22nd Oct (last sess | sion) |
| 13.45 - 14.30 | PLAY, SING & SIGN - £5.50pw | 5mths-3yrs |

WEDNESDAY

| 09.30 - 11.30 | WELLBABY CommuniTEA - £2.00 (D) | Tea/Coffee Incl |
|--------------------|--|-------------------------|
| (last entry 11.00) | Self baby-weigh station / sensory play / support, of | advice & meeting others |
| 09.30 - 11.00 | ADVENTURE PLAY WITH CRAFTS (D) | - £4.00pw Under 5's |
| 09.30 - 10.15 | ZUMBINI DANCE - £4.50pw (Drop-in £6 | 6) 18mths-5yrs |
| 10.00 - 11.00 | BEXLEY PARENT HUB - part of CommuniTI | EA (D) Under 5's |
| 10.00 - 12.00 | MUMMAS TOGETHER GROUP (D) | Black / Brown mothers |
| 10.30 - 11.15 | BABY BALLET - £4.50pw (Drop-in £6) | 18mths-5yrs |
| 13.15 - 14.15 | BABY TOUCH OF SENSORY - £5.50pw | Under 12mths |

| ITIONSDAT | | |
|----------------------------|--|----------------|
| 09.30 - 11.30 | MOTHER's EMBRACE - FREE (Invite Only) New Pa | rents / Carers |
| 09.30 - 11.30 | STAY & PLAY - £3.50pw (D) (tidy-up time starts 11: | 15) Under 5's |
| 09.45 - 10.30 | SMART CLUB (stretch move & relax) - £6.50pw | 10mths-3yrs |
| 10.00 - 11.30 | BABY IMPRESSIONS & SENSORY - £3.50pw (D) | Pre-crawling |
| 10.00 - 12.00 | SURVIVORSHIP GROUP - DV Peer Support (D) | Woman only |
| 10.45 - 11.45 | BABY YOGA - £5.50pw | Pre-crawling |
| 12.00 - 13.00 | BABY & YOU (massage, yoga, sing & sign)£5.50pv | N Pre-crawling |
| 12.15 - 13.15 | BEXLEY MUMS - New Mum Meetup (D) £1.50 | Pre-crawling |
| 13.15 - 1 4 .15 | TODDLER TOUCH OF SENSORY - £5.50pw | Over 12mths |
| 13.15 - 1 4 .00 | TODDLER FOOTBALL with Charlton - £4.00pw | 2-3 yrs |
| 13.30 - 1 4 .15 | PLAY, SING & SIGN- £5.50 | 5mths-3yrs |
| 14.00 - 14.45 | TODDLER FOOTBALL with Charlton - £4.00pw | 3-5 yrs |
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FRIDAY

THURSDAY

| 09.30 - 10.15 | ZUMBINI DANCE- £6pw @Falconwood (D) | 18mths-5yrs |
|----------------------------|---------------------------------------|-----------------|
| 09.45 - 10.30 | PLAY, SING & SIGN - £5.50pw | 5mths-3yrs |
| 09.45 - 11.15 | ADVENTURE PLAY WITH CRAFTS (D) - £4. | 00pw Under 5's |
| 10.00 - 10.45 | TUMBLE N BOUNCE CLUB - £5.50pw | 2-4yrs |
| 10.45 - 11.45 | BABY MASSAGE - £5.50pw | Pre-crawling |
| 11.00 - 11. 4 5 | TUMBLE N BOUNCE CLUB - £5.50pw | 2-4yrs |
| 11.45 - 13.45 | BEXLEY INFANT FEEDING CLUB - £2pw (D) | Tea/Coffee incl |
| 12.30 - 13.15 | TOTNASTICS - £6.00pw | 3-5yrs |
| 12.30 - 14.00 | ADVENTURE PLAY - £3.50pw (D) | Under 5's |

SATURDAY

| 09.00 - 13.00 | RECEPTION - TEEN GYMNASTICS | Various |
|---------------|--|---------------------|
| 09.00 - 16.00 | PAEDIATRIC FIRST AID COURSE - Certificated | ALL Families |
| | 21st Sept / 2nd Nov - £43 per person | |
| 09.15 - 10.15 | SEND FAMILY FITNESS CLUB - FREE (pre book) S | END Families |
| | Every Saturday 21st Sept - 23rd November | |
| 10.00 - 12.00 | INTRODUCING SOLIDS - Weaning Workshop | ALL Families |
| | 21st Sept / 12th Oct / 16th Nov - £20 per family | |
| 10.30 - 12.30 | NEARLY NEW SALE - £1.00(D) 13 C | Oct / 24 Nov |
| 13.00 - 14.00 | PRE-SCHOOL GYMNASTICS - £6.50pw (Youth Offer) | 3-4yrs |
| | | |

CHILDRENS BIRTHDAY PARTY & HALL hire available, From £200.00

REGISTER HERE



All visitors must register for free with the centre and classes booked via portal. Payments via the portal. Drops ins payable on arrival. Card payments min £10.00 All sessions run as pre-booked blocks unless specified a Drop-in (D) By booking or visiting you are agreeing to follow our terms and conditions.

Programme is subject to change.

The use of mobile phones is discouraged & photos of visitors are not permitted.