

DANSON CHILDREN'S CENTRE

Drop In Session
£2.00 per child

DANSON CHILDREN'S CENTRE
D.A.D.S
DANSON ACTIVE DUDES
ALL PARENTING MALES WELCOME



Scheduled to run at 14.00 - 16.00 on -
Saturday 25th SEPTEMBER Saturday 30th OCTOBER
Saturday 27th NOVEMBER Saturday 18th DECEMBER



Come along and meet other male parents & carers
in a positive, supportive environment.
Share experiences & improve confidence.
Above all playing together is **FUN!**

Sure Start
Children's Centres



Brampton Road, Bexleyheath, DA7 4EZ - 020 8303 6052



CALLING ALL YOUNG PARENTS

Are you a young parent / carer that would like a group of your own...

You and friends are welcome with your children at
Danson every **Friday at 13.00...** Meet new friends, have a supportive
group and above all have fun with your little ones

DANSON PARENT FORUM

Are you a parent / carer that would like a say..
If you are interested in being part of this please call us
for more information on 020 8 303 6052 Ex 2

To register for **FREE** at our Children's centre please ask for a
registration form from our reception.

Your registration is required in order to use this facility or
partake in its activities & *all details are kept strictly private and confidential*

There are waiting lists for certain activities. To register onto these
please call the Danson Team Mon to Fri 10am - 4pm on 020 8303 6052

DANSON CHILDREN'S CENTRE

Every Child Matters

Sept 2010

Coordination

Social Skills

UNDER 5's ACTIVITY PROGRAMME

020 8303 6052

Fun & Exciting

Confidence

Fun Learning

Interaction

Health Visitors

Key Skills

Being Healthy

Stay Safe

Midwives



DANSON CHILDREN'S CENTRE

The Danson Centre, Brampton Rd, Bexleyheath, Kent, DA7 4EZ

www.dansonyouth.org.uk / 020 8303 6052

Sure Start
Children's Centres





DANSON CHILDREN'S CENTRE

Under 5's Programme - Monday to Friday - Term Time Only



Child development through fun learning + games

MONDAY

9.30 - 10.15	TOTNASTICS*	18mths - 3 yrs
10.00 - 11.00	PLAY, SING & SIGN *	6mths - 2yrs
10.15 - 11.00	TOTNASTICS*	1 8mths - 3 yrs
11.00 - 11.45	TOTNASTICS*	18mths - 3 yrs
11.00 - 12.00	PLAY, SING & SIGN *	2 - 4yrs
10.00 - 14.30	LITTLE EXPLORERS(FREE)**	3 - 5 yrs
13.00 - 14.30	PARENT & BABY	Under 9mths
14.00 - 15.00	MIDWIFERY ANTENATAL	Drop In

TUESDAY

9.30 - 10.15	TOTNASTICS*	18mths - 3 yrs
10.00 - 11.30	POCKET PICASSOS *	3 - 5 yrs
10.15 - 11.00	TOTNASTICS*	1 8mths - 3 yrs
11.00 - 11.45	TOTNASTICS*	18mths - 3 yrs
11.30 - 12.30	PRE NURSERY 3 - 5 yrs	Drop In
12.30 - 13.30	PLAY, SING & SIGN *	6mths - 2yrs
13.00 - 17.00	SPEECH & SOUND GROUP	(Appointment)
13.30 - 14.30	PLAY, SING & SIGN *	2 - 4yrs
13.30 - 14.30	POSTNATAL GROUP	(Appointment)

WEDNESDAY

09.00 - 12.00	MIDWIFERY ANTENATAL	(Appointment)
09.30 - 12.30	WELL BABY CLINIC Under 5's	Drop In
09.30 - 11.30	SPEECH & LANGUAGE CLINIC Under 5's	Under 5's
	<i>EVERY LAST WED OF EVERY MONTH</i>	
10.00 - 11.30	PARENT & TODDLER Under 5's	Drop In
10.00 - 12.00	NAPPUCCINO GROUP Under 12mths	Drop In
	<i>EVERY FIRST WED OF EVERY MONTH (Expectant Mums welcome)</i>	
13.00 - 13.45	ABC CLUB *(Agility, Balance & Coordination)	3 - 5 yrs
13.00 - 15.00	BREAST FEEDING SUPPORT	Drop In
15.00 - 16.00	MIDWIFERY POSTNATAL	(Appointment)
13.15 - 13.45	BABY BALLET *	3 - 4 yrs
13.45 - 14.15	BABY BALLET *	4 - 5 yrs
13.45 - 14.30	ABC CLUB *(Agility, Balance & Coordination)	3 - 5 yrs

WED

16.00 - 17.00	MIDWIFERY POSTNATAL	Drop In
18.30 - 19.30	BIRTH, BABY & YOU	(Appointment)

THURSDAY

9.00 - 12.00	H/V DEVELOPMENT REVIEW	(Appointment)
9.30 - 10.15	ABC CLUB *(Agility, Balance & Coordination)	3 - 5 yrs
9.30 - 10.15	TOT TRAMPOLINING *	3 - 5 yrs
10.00 - 11.30	PARENT & TOTs 9mths - 2yrs	Drop In
10.15 - 11.00	TOT TRAMPOLINING * coming soon	3 - 5 yrs
11.30 - 15.00	PARENT SUPPORT PROGRAMME	(Appointment)
13.00 - 13.45	TOT TRAMPOLINING *	3 - 5 yrs
13.00 - 14.30	CHILD MINDER GROUP	Under 5's
13.45 - 14.30	TOT TRAMPOLINING *	3 - 5 yrs

FRIDAY

10.00 - 11.00	BABY MASSAGE *	Under 9mths
11.15 - 12.15	BABY MASSAGE *	Under 9mths
12.00 - 13.30	TWICE AS NICE coming soon	Drop In
13.00 - 14.00	YOUNG PARENTS Under 25yrs	Drop In
13.30 - 14.15	ABC CLUB *(Agility, Balance & Coordination)	3 - 5 yrs
14.00 - 15.30	PARENT & TODDLER Under 5's	Drop In
14.15 - 15.00	ABC CLUB *(Agility, Balance & Coordination)	3 - 5 yrs
17.00 - 18.00	FOOTBALL*	4 - 6 yrs
17.15 - 18.00	MINI-JUDO *	4 - 5 yrs

SAT

09.00 - 09.45	PRE SCHOOL GYMNASTICS*	3 - 4 yrs
14.00 - 16.00	D.A.Ds GROUP (All male carers welcome)	Under 5's
	<i>EVERY 4th Saturday of EVERY MONTH</i>	

Drop In Sessions - Are in bold within the programme

* Termly fees apply + waiting lists may apply (£3 per session based on 5-7 week courses)

** Spaces Limited - Places must be pre booked - Free Course

Midwifery Team Appointments can be made on 0208 308 3091